

## Helplines

### East Bay Center

24/7 for emergencies. **(401) 246-0700**

### Kids' Link RI

Gateway Healthcare, Lifespan, Hasbro Children's Hospital and Bradley Hospital offer this 24-hour hotline. Call if your child is experiencing excessive anger, worries or sadness, lashing out at siblings, friends or adults, having behavior problems at school, or hurting himself/herself or others.

**(855) 543-5465**

### National Suicide Prevention Lifeline

**(800) 273-TALK (8255)**

**Crisis Text Line: 741741**

### Parent Support Network of RI

Individuals and professionals can call for support and guidance in navigating services/programs such as health, housing, education, employment, and justice.

**(401) 467-6855 or (800) 483-8844**

[www.psnri.org](http://www.psnri.org)

### RI Hope and Recovery Hotline

A 24/7 connection to English/Spanish speaking counselors for families and anyone needing information on treatment and recovery resources.

**(401) 942-STOP (942-7867)**

### RI Smoker's Helpline **(800) QUIT-NOW**

### Samaritan's of RI

#### Suicide Prevention Resource Center

24-hour crisis hotline/listening line.

**(401) 272-4044 or (800) 365-4044 in RI**

[www.samaritansri.org](http://www.samaritansri.org)

**Call 911 for emergencies**



*The Barrington Adult Youth Team* Against Alcohol and Drug Abuse

283 County Road, Barrington, RI 02806  
Phone 401.247.1900 [www.thebayteam.org](http://www.thebayteam.org)

Provided by the Town of Barrington and the BAY Team  
through funding from the Rhode Island Department of Behavioral Health,  
Developmental Disabilities, and Hospitals.



## Barrington Community Resources

For assistance with mental health services,  
including substance use disorders, depression, anxiety,  
suicide prevention, and other social supports.



1 in 4 Adults



1 in 5 Children

**AFFECTED WITH MENTAL ILLNESS**

Many people with substance use disorders also  
have another mental illness and vice versa.



*The Barrington Adult Youth Team* Against Alcohol and Drug Abuse

## Recovery Support

### Alcoholics Anonymous

**(401) 438-8860** [www.rhodeisland-aa.org](http://www.rhodeisland-aa.org)

### East Bay Recovery Center

St. Michael's Parish House, 378 Hope Street, Bristol

**(401) 302-6231**

[www.ebcap.org/programs/east-bay-recovery-center](http://www.ebcap.org/programs/east-bay-recovery-center)

### The Herren Project

Assists with navigating treatment options and provides  
online support groups. [www.theherrenproject.org](http://www.theherrenproject.org)

### NAMI Rhode Island

National Alliance on Mental Illness offers programs that  
draw on the experience of mental health patients and their  
families alongside the expertise of mental health profes-  
sionals.

**(401) 331-3060**

**(800) 950-NAMI (Crisis Line)**

[www.namirhodeisland.org](http://www.namirhodeisland.org)

### Narcotics Anonymous

**(866) 624-3578** [www.gpana.org](http://www.gpana.org)

### REST Family Support Group

**(401) 868-1516** [www.resthelps.org](http://www.resthelps.org)

### SAMHSA.Gov

Know your Rights Booklet for people in recovery.

[www.bhddh.ri.gov/substance\\_use/pdf/PHD1091.pdf](http://www.bhddh.ri.gov/substance_use/pdf/PHD1091.pdf)

## Treatment

### Map of available RI Treatment Services

[www.preventoverdoseri.org/get-help](http://www.preventoverdoseri.org/get-help)

### Rhode Island Centers of Excellence

Outpatient programs for anyone with opioid use disorder.

[www.codacinc.org](http://www.codacinc.org)

[www.communitycareri.org](http://www.communitycareri.org)

[www.carenewengland.org/services/recovery-stabilization](http://www.carenewengland.org/services/recovery-stabilization)

[www.thejourneyhhh.com](http://www.thejourneyhhh.com)

## Mental Health Centers

### **Anchor Recovery Community Center**

Offering a support network and variety of programming, including AA meetings, holistic wellness activities, employment services like job interviewing and computer literacy skills.

Anchor is involved with **PVD Safe Stations** which offers 24/7 access to people with addiction at any of the 12 fire stations. Speak with trained staff and immediately connect to treatment support and services.

249 Main Street, Pawtucket **(401) 721-5100**

890 Centerville Road, Warwick **(401) 615-9945**

[www.anchorrecovery.org/programs](http://www.anchorrecovery.org/programs)

### **East Bay Community Action Program**

#### **East Bay Center**

Adams-Farley Counseling Center

Outpatient Services

610 Wampanoag Trail, East Providence

**(401) 431-9870**

John P. Digits, Jr. Facility

Emergency Services

2 Old County Road, Barrington

**(401) 246-1195**

**TDD (401) 246-1986**

[www.eastbay.org](http://www.eastbay.org)

Count It! Lock It! Drop It!



Don't Be An Accidental Drug Dealer

**Drug Disposal** A 24/7 drop-off box for unwanted medications is located at the Barrington Public Safety Complex at 100 Federal Road.

**Naloxone** can reverse an overdose and is available to anyone at RI pharmacies. It may also be accessible in emergencies in some school and town buildings.

## Housing & Other Social Supports

### **Amey Spencer Tucker Fund**

A charitable trust that benefits the poor and unfortunate people of Barrington.

For information about a Home Repair Loan consult:

[www.barrington.ri.gov/topics/spencertrust.php](http://www.barrington.ri.gov/topics/spencertrust.php)

Or e-mail Bill Bentley at [wbentley@barrington.ri.gov](mailto:wbentley@barrington.ri.gov)

**(401) 247-1900 ext. 280**

### **East Bay Community Action Program**

Assistance with food, healthcare, housing, fuel, etc.

100 Bullock Points Avenue, East Providence

**(401) 437-5102**

**(401) 437-0006, ext. 127, Food Pantry**

[www.ebcap.org](http://www.ebcap.org)

### **East Bay Food Pantry and Thrift Shop**

532 Wood Street, Bristol **(401) 396-9490**

### **Friends of St. Elizabeth** Food pantry, utilities assistance.

13 Monroe Avenue, Bristol **(401) 525-8816**

### **Good Neighbors Inc.** Soup kitchen, food pantry,

day shelter, clothing. 55 Turner Avenue, Riverside

**(401) 433-0045**

### **Lucy's Hearth** Housing, shelter.

19 Valley Road, Middletown **(401) 847-2021**

### **McKinney Shelter** Housing, shelter.

15 Meeting Street, Newport **(401) 846-6385**

### **St. Mary of the Bay Food Pantry** Food and emergency financial aid for rent and utilities.

645 Main Street, Warren **(401) 245-7000 ext. 19**

### **Tap-In Barrington** Clothing, furniture, household items.

281 County Road, Barrington **(401) 247-1444**

### **United Way 211** General help and resource referrals.

### **Women's Resource Center** Comprehensive domestic violence intervention and prevention services.

624 Main Street, Warren **(401) 846-5263**

## Faith-Based Support

Our faith communities offer opportunities to become part of a supportive group. Most also host mental health services and support groups. In addition, many clergy and lay leaders are trained to handle varying levels of mental health concerns and may be able to recommend additional resources.

### **Barrington Baptist Church**

25 Old County Road **(401) 246-0233**

### **Barrington Congregational Church, UCC**

461 County Road **(401) 246-0111**

### **Barrington United Methodist Church**

230 Washington Road **(401) 245-2385**

### **Barrington Presbyterian Church**

400 County Road **(401) 245-2218**

### **Chabad of Barrington**

311 Maple Avenue **(401) 247-4747**

### **Holy Angels Catholic Church**

341 Maple Avenue **(401) 245-7743**

### **Saints Matthew & Mark Episcopal Church**

5 Chapel Road **(401) 245-3690**

### **St. James Lutheran Church**

49 Middle Highway **(401) 246-1331**

### **St. John's Episcopal Church**

191 County Road **(401) 245-4065**

### **St. Luke's Church, Roman Catholic**

108 Washington Road **(401) 246-1212**

### **Temple Habonim, Reform Synagogue**

165 New Meadow Road **(401) 245-6536**